Spiel- und Trainingsplan EHC Lenzerheide-Valbella

KW 3 / 2020

	Montag 13.01.2020		Dienstag 14.01.2020		Mittwoch 15.01.2020		Donnerstag 16.01.2020		Freitag 17.01.2020	Samstag 18.01.2020	Sonntag 19.01.2020
10:00		10:00		10:00		10:00		10:00			
10:15		10:15		10:15		10:15		10:15			
10:30		10:30		10:30		10:30		10:30			U11-2 Turnier in Rapperswil 09.00
10:45		10:45		10:45		10:45		10:45			
11:00		11:00		11:00		11:00		11:00		U9-2 Turnier in Grüsch 12.30	
11:15		11:15		11:15		11:15		11:15			
11:30		11:30		11:30		11:30		11:30			
11:45		11:45		11:45		11:45		11:45			
12:00		12:00		12:00		12:00		12:00			
12:15		12:15		12:15		12:15		12:15			U9-1 Turnier in St. Moritz 11.45
12:30		12:30		12:30		12:30		12:30			
12:45		12:45		12:45		12:45		12:45			
13:00		13:00		13:00		13:00		13:00			
13:15		13:15		13:15		13:15		13:15			
13:30		13:30		13:30		13:30		13:30			
13:45		13:45		13:45		13:45		13:45			
14:00		14:00		14:00		14:00		14:00			
14:15		14:15		14:15		14:15		14:15			
14:30		14:30		14:30		14:30		14:30		U17 in Arosa Lenzerheide - Eisbären 15.30	
14:45		14:45		14:45		14:45		14:45			
15:00		15:00		15:00		15:00		15:00			
15:15		15:15		15:15		15:15		15:15			
15:30		15:30		15:30		15:30		15:30			
15:45		15:45		15:45		15:45		15:45			
16:00		16:00		16:00		16:00		16:00			
16:15		16:15		16:15		16:15		16:15			
16:30		16:30		16:30		16:30		16:30			U20 in Arosa Lenzerheide - GCK Lions 16.00
16:45		16:45		16:45		16:45		16:45			
17:00		17:00		17:00		17:00		17:00			
17:15	Hockeyschule 17.00 - 18.00	17:15		17:15		17:15	11/12/13 17.00 - 18.00	17:15			
17:30		17:30		17:30		17:30		17:30			
17:45		17:45		17:45		17:45		17:45		U13 Lenzerheide / Turnierform 18.15	
18:00		18:00		18:00		18:00		18:00			
18:15	12/13/14 18.00 - 19.00	18:15		18:15		18:15	09/10 18.00 - 19.00	18:15			
18:30		18:30		18:30		18:30		18:30	10/11 18.45 - 19.45		
18:45		18:45		18:45		18:45		18:45			
19:00		19:00		19:00		19:00		19:00			
19:15		19:15		19:15	07/08/09 19.00 - 20.00	19:15		19:15			
19:30	**Trainersitzung**	19:30		19:30		19:30	07/08 19.15 - 20.15	19:30	07 / U15 / U17 19.45 - 20.45	1.Mannschaft Weinfelden - Lenzerheide 20.00	
19:45		19:45		19:45		19:45		19:45			
20:00		20:00		20:00		20:00		20:00			Veteranen Lenzerheide - Klosters 20.00
20:15		20:15		20:15		20:15		20:15			
20:30		20:30		20:30	U15 / U17 20.15 - 21.30	20:30		20:30			
20:45	1.Mannschaft 20.15 - 21.30	20:45		20:45		20:45	1.Mannschaft 20.30 - 22.00	20:45	Senioren 21.00 - 22.30		
21:00		21:00		21:00		21:00		21:00			
21:15		21:15		21:15		21:15		21:15			
21:30		21:30		21:30		21:30		21:30			
21:45		21:45		21:45		21:45		21:45			
22:00		22:00		22:00		22:00		22:00			